




Calm Kids, Calm Home

A *free online course for parents



Do you long for a bit of peace but not sure how to get it?
Join us from the comfort of your own home to:

-  Find ways to settle your kids
-  Get tips to make your home calmer
-  Find out how to make your children happier

Fridays
4 March- 8 April
9.30 - 11.00

To enrol now scan the QR code to take you to
the website and signup!

Or email fay.tucker@gloucestershire.gov.uk



* The course is free if you are over 19 years old, have lived in the UK for 3 or more years, or have a valid Residence Permit, and are one of the following: Unemployed or earning below £17,374 per year; Qualified below a Level 2 (less than 5 GCSEs); Have mental health challenges, Have a learning difficulty or disability